Letter to Patient from Sussex Pain Specialists

Dear Valued Patient,

We understand that you are suffering from chronic pain. Having chronic pain means many things change, and a lot of the changes are invisible. If your pain is not treated appropriately then it may become chronic. Constant pain can hold sufferers back from engaging in life, leading to damaged relationships, loss of employment, isolation from society, and depression.

Some patients may have been taking narcotic pain medications on a regular basis for chronic pain. While it may work for a short while, the body develops a tolerance to it over time requiring the dosage prescribed to increase to get the same effect. Use of such medications in this setting is not only risky, they almost always cause problems down the road such as dependency, addiction, and even increased pain when used to treat chronic pain conditions.

How Can a **Qualified Pain Specialist** Help?

Pain Specialists can help you get your life back. You may have seen doctors who have left you feeling like no treatment exists to ease the chronic discomfort. Your pain may have confounded other doctors, leaving them unable to identify a cause, which only adds to your frustration. If this sounds like you, don't lose hope.

Pain Specialists help thousands of people just like you improve their quality of life and lessen pain. **Pain Specialists** specialize in identifying the causes of chronic pain and creating the right treatment plan to improve patients' quality of life.

By creating thorough, comprehensive treatment plans that include minor procedures, therapies, appropriate medications and other alternative techniques often overlooked by other doctors, **Pain Specialists** can help find relief for patients who thought they were beyond help.

Dr. Manonmani Antony
 Board-certified, Fellowship-trained Interventional Pain Specialist

New Patient Appointment at Sussex Pain Relief Center

WHAT ARE YOUR HOURS OF OPERATION AND WHERE ARE YOU LOCATED?

7:45AM – 5:00PM, Monday – Friday

18229 DuPont Blvd, Georgetown, Delaware 19947

WHEN DO I GET THE APPOINTMENT?

Once we receive all your medical records, <u>you can be seen in less than 10 days</u>. It's important to us that we don't waste your valuable time. Therefore, we need a referral, demographics, copy of your insurance card, imaging done within the last two years, office notes from your last two visits with the referring physician, as well as any specialist or pain management notes that are relevant.

WHAT INSURANCES DO YOU ACCEPT?

Medicare, Medicaid, and all commercial insurances including Workers Comp and Auto insurances. We believe our services should benefit everyone in our community.

WHAT KIND OF TREATMENTS DO YOU OFFER?

Our doctors are experts in advanced interventional pain management, so our clinic can treat any kind of pain. You can count on receiving a detailed history and thorough examination, and your doctor will recommend the treatment option that he or she believes will best treat your condition.

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As part of the comprehensive therapy our clinic offers, we can perform Epidural Injections, Spinal Cord Stimulation, Facet Injections, Radiofrequency Ablation, Platelet-Rich-Plasma (PRP) Injections, Stem Cell Therapy, Physical Therapy, Cognitive Behavioral Therapy, Medical Massage Therapy, EMG-Nerve Conduction Study, Chronic Pain Self-Management Program by DHSS, appropriate pain medications.

HOW EARLY DO I NEED TO ARRIVE FOR MY NEW PATIENT APPOINTMENT?

Please arrive 1 hour before the scheduled appointment time to ensure that you have adequate time to complete our new patient intake paperwork with the staff. You may need another hour to be evaluated by the doctor. The first visit is longer because it's important to our office that we understand your history and needs. Subsequent appointments will be much shorter.

WHAT DO I BRING FOR THE APPOINTMENT?

All your medication bottles. Any Imaging study including MRI/CT Scan/X-ray Disc

WHAT DO I EXPECT DURING NEW PATIENT APPOINTMENT?

You will be evaluated by the doctor. You may have to give a urine sample for testing.

STILL HAVE QUESTIONS?

If your question was not addressed above, please email us at contact@sussexpainrelief.com. Our front desk staff can be reached at 302-514-7246 (7:45 am – 5:00 pm, Monday – Friday).