

Sussex Pain Relief Center, LLC

RE: Newsletter from Dr. Antony, Interventional Pain Specialist Sussex Pain Relief Center - Must Read

February 6, 2019

Dear Dr.

Thank you very much for referring patients to us for consultation on the comprehensive and interventional pain management approaches we offer for the management of chronic pain.

The intent of this letter is to inform you of the current practice protocols for Sussex Pain Relief Center (SPRC) so that a **collaborative plan of care** for the patient may be formed that is both evidence-based and sustainable. I hope that this will ultimately translate into better lines of communication as well as superior levels of **patient satisfaction** and outcome.

We are currently functioning as a comprehensive pain facility; **primarily** providing interventional spinal injection techniques in managing sub-acute, chronic, persistent, and intractable pain, independently or in conjunction with other modalities of treatments including therapies and appropriate medications.

We also provide **consultations** on patients who are treated with **high dose opioids whose daily dose is >90 mg MME /day**; primarily providing recommendations and/or appropriate interventions.

For all complex pain patients, we emphasize **comprehensive initial evaluations** to arrive at a precise diagnosis of the clinical condition causing pain so that appropriate treatment can be tailored for optimal outcome. This is only possible if you provide the following information with your referral:

- Most recent (3) office notes describing the patient's pain problems and treatment
- Diagnostic test reports: X-rays/MRI/CT/EMG lab tests pertinent to the pain problem
- Current medication list (specify if patient is on blood thinners)
- Copy of insurance card (front and back)
- Post-surgical patients will need an initial visit note before surgery to accurately differentiate residual pain from post-surgical pain
- W/C & Auto Injury patients need all office notes in view of the legality of the injury

Sussex Pain Relief Center, LLC

Our office-based surgery center was recently **fully re-accredited by AAAHC (OBS)** till 2021 in compliance with DHSS-Division of Health Care Quality that spinal injections be performed only in accredited facilities.

Our **Opioid Therapy Statement**: We follow **CDC guidelines** strictly. We may not prescribe opioids if they are treated with OTC benzodiazepines unless our benzo - caution risk stratification is completed. We offer Naloxone education for all patients. We do not prescribe medical marijuana at SPRC.

Patients on chronic anti-coagulation therapy will be scheduled for spinal injections only after obtaining **written instructions** from prescribing physicians.

Common Trends in Kent and Sussex County:

- Overuse of Epidural Steroid Injections by Anesthesiologists who have not been trained in any pain fellowship program
- Excessive prescription of narcotics by Nurse Practitioners from **Northern Delaware** opening pain clinics in **Southern Delaware**
- Interventional radiologist(s) experimenting with spinal injections without appropriate evaluation of patients
- Opioids prescribed for cash for Delawareans in Salisbury
- **Medical marijuana** prescribed for all pain patients without proper evaluation

SPRC focuses on the precise **diagnosis** of the clinical condition causing pain so that appropriate treatment plan can be tailored for optimal outcome.

SPRC focuses on a wide range of interventional spinal injections as our primary treatment modality, performed by **board-certified, fellowship-trained, experienced pain specialists**. We are proud to offer drug-free therapies for long-lasting pain relief.

SPRC is accepting **NEW PATIENTS** as well as **CONSULTATIONS** for patients on high-dose opioids, as requested by local hospitals in order to formulate a weaning schedule for patients to follow.

Patients can be scheduled within **two weeks**, especially if all necessary paperwork is provided. Auto Injury & Workers Compensation, acute sciatica pain patients, and cancer-terminally ill patients can all be **scheduled within days**.

SPRC accepts **all insurances** as well as auto and worker's comp.

We appreciate your referrals to SPRC, and we want to **maximize the benefit** of our treatment for your patients. We need **timely correspondence** to treat post-operative pain to avoid interruption of care.

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SPRC is available to **provide education** for physicians and mid-level-providers that are inexperienced in **responsible opioid prescribing**. You are welcome to visit us at any time at our **Georgetown/Lewes office** or email us.

We are always **available to answer any questions** you may have during this process. Please use our backline (302-703-7831) to contact us anytime.

We apologize for any lack of correspondence with referring offices that may have occurred recently. We'll be faxing patient notes from the last six months **to ensure your records are updated**.

Sincerely yours,

Manonmani Antony

Manonmani Antony, MD.

ABA-Board Certified in Pain Medicine & Anesthesiology,

ABIPP-Board Certified in Interventional Pain Management-ASIPP

AAAP, Certified /Buprenorphine in Rx of Opioid Dependence

CMS/CAC-Contractor Advisory Committee Member 2014

CEDIR/AMA Guides 6th ed. Impairment rating 2012

Delaware Today - Top Doctor 2012, 2018

Sussex Pain Relief Center, LLC. (AAAHC-Accredited OBS)

Sussex Regen Specialists, LLC. (Stem Cells & PRP))

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<https://youtu.be/koNpDYPIQuk>

Enclosed:

SPRC Pain Treatment Algorithm for Chronic Pain

SPRC Patient Referral Form

SPRC Chronic Opioid Analgesic Therapy (COAT) Statement

SPRC Contact Information